



Prayer to Our Lady of Perpetual Help



Mother of Perpetual Help, behold at your feet a poor sinner who has recourse to you and confides in you.



Mother of Mercy, have pity on me. I hear you called by all the refuge and hope of sinners: be, then, my refuge and my hope.



Help me, for the love of Jesus Christ; stretch forth your hand to me, a poor fallen creature who commends myself to you.



I know that as my Mother you desire my salvation more than I do myself. Obtain for me, then, the graces I need, and above all the grace never to be separated from your Son.

(Mention your intention.)



Mother of Perpetual Help, never let me lose my God.

Amen.

